



## Mohare Danda Trek Itinerary

### Day 1: Your arrival in Nepal

Upon your arrival in Nepal, an **Adventure Club representative** will pick you up at the airport and transfer you to the hotel in Kathmandu. After checking into your hotel, you will meet with your **guide** who will brief you on the details of your trip and provide you with any necessary equipment and supplies. The **Adventure Club manager** will also meet with you to discuss the itinerary for the upcoming days and answer any questions you may have about the trip. After the briefing, you can relax and rest in your hotel room or explore the surrounding area at your leisure.

#### Meetup with General Manager and Guide

### Day 2: Kathmandu City Tour

Today, you will embark on a guided city tour of Kathmandu. You will start the day by visiting the **Swayambhunath Temple**, also known as the "**Monkey Temple**," which is a **UNESCO World Heritage site**. This ancient **Buddhist temple** is perched on a hill overlooking Kathmandu and is home to a large **stupa**, shrines, and a variety of temples.

Next, you will visit **Patan Durbar Square**, which is a historic palace complex that is home to a number of ancient **temples and shrines**. Here, you can admire the intricate **carvings** and **architecture** of the temples and learn about the history of the city.

You will then have the option to visit either the **Pashupatinath Temple** or the **Boudhanath Stupa**. The Pashupatinath Temple is a **Hindu temple** dedicated to Lord Shiva and is a popular site for Hindu pilgrims. The Boudhanath Stupa is a large **Buddhist stupa** that is one of the largest in Nepal and is a **UNESCO World Heritage site**. You can choose to visit one of these sites, depending on your interests.

After the city tour, you will return to your **hotel** for the night and prepare for the next day of your trip.

### Day 3: Drive to Pokhara from Kathmandu by Tourist Bus

**Start your journey to Pokhara** by taking a **tourist bus from Kathmandu**. The bus ride will take approximately **7-8 hours**, depending on **traffic and road conditions**. Along the way, you will pass through **stunning mountain scenery and rural villages**, offering a glimpse into the **local way of life**. You will arrive in Pokhara in the evening and will have the rest of the evening to **relax and explore the city** at your leisure. You can **recheck preparation for your Mohare Danda Trek** and can do the **shopping** if anything is found left. **Overnight in Pokhara.**

**Note:** Ensure that you have **finished eating breakfast** before the bus departure time, or **request a packed breakfast** if necessary.

#### **Day 4: Drive to Galeshwar (1170m) and trek to Bans Kharka (1450). 3-4 hours**

Today, you will **drive from Pokhara** to the small village of **Galeshwar** by **private vehicle**, which is located at an altitude of **1170 meters**. You will begin your trek to **Bans Kharka** from Galeshwar, which is a small settlement located at an altitude of **1450 meters**. The trek will take approximately **3-4 hours** and will take you through **lush forests and terraced fields**. Along the way, you will have the opportunity to **observe local flora and fauna** and get a taste of **rural life in Nepal**. Upon arriving at Bans Kharka, you will stay in your accommodation. **Overnight in Bans Kharka.**

#### **Day 5: Bans Kharka to Nadi Village (2250m). 5-6 hours**

On this day, you will continue your **trek from Bans Kharka** to the village of **Nadi**, which is located at an altitude of **2250 meters**. The trek will take approximately **5-6 hours** and will take you through a variety of landscapes, including **forests, terraced fields, and pastures**. As you ascend in altitude, you will have the opportunity to enjoy stunning views of the surrounding mountains (**Annapurna South 72219m** and **Hiunchuli 6441m**) and valleys. Upon arriving at Nadi Village, you will **set up camp** for the night and have the opportunity to **explore the village and interact with the local community**. **Overnight in Nadi Village.**

#### **Day 6: Nadi Village to Mohare Danda (3300m). 5-6 hours**

On **Day 6**, you will continue your trek from **Nadi Village to Mohare Danda**, which is located at an altitude of **3300 meters**. The trek will take approximately **5-6 hours** and will take you through a variety of landscapes, including **forests, terraced fields, and pastures**. As you ascend in altitude, you will have the opportunity to enjoy stunning views of the surrounding mountains (**Annapurna South-7219m, Hiunchuli 6441m, Fishtail 6997m, Dhaulagiri 8167m, Lamjung Himal**) and valleys. The trek may be **challenging** due to the increase in altitude, so it is important to take your time and **listen to your body**. Upon arriving at Mohare Danda, you will **set up camp** for the night and have the opportunity to **explore the surrounding area**. **Overnight in Mohare Danda.**

#### **Day 7: Mohare Danda to Tikot (2250m). 5-6 hours**

On this day, you will continue your trek from **Mohare Danda to Tikot**, which is located at an altitude of **2250 meters**. The trek will take approximately **5-6 hours** and will take you through a variety of landscapes, including **forests, terraced fields, and pastures**. As you descend in altitude, you will have the opportunity

to enjoy stunning views of the surrounding **mountains and valleys**. The trek may be **challenging** due to the decrease in altitude, so it is important to take your time and **listen to your body**. Upon arriving at Tikot, you will be **set up for the night** and have the opportunity to **explore the surrounding area**. **Overnight stay in Tikot**.

## **Day 8: Tikot to Tipling (1550m) 2-3 hours and Drive back to Pokhara**

Today, you will continue your trek from **Tikot to Tipling**, which is located at an altitude of **1550 meters**. The trek will take approximately **2-3 hours** and will take you through a variety of landscapes, including **forests, terraced fields, and pastures**. As you descend in altitude, you will have the opportunity to enjoy stunning views of the surrounding **mountains and valleys**. You will say goodbye to beautiful Mountain **Annapurna South** and **Hiunchuli**, but **Annapurna II** will be waving to you until Pokhara.

Upon arriving at Tipling, you will take a **vehicle for the drive back to Pokhara**. The drive will take approximately **4-5 hours**, depending on the traffic and road conditions. On arriving in Pokhara, you will **check into your hotel** and have the rest of the evening to **relax and explore the city** at your leisure.

## **Day 9: Pokhara city Tour**

Today, on a city tour of Pokhara, you might visit some of the following sites:

**Phewa Lake:** This is the largest lake in Pokhara and is a popular spot for **boating, fishing, and picnics**. You can hire a boat to take you around the lake or visit the **Tal Barahi Temple**, located on an island in the middle of the lake.

**World Peace Pagoda:** This is a large white stupa located on a hill overlooking the city, offering **panoramic views** of the surrounding mountains and valleys. You can take a short hike up to the pagoda or take a taxi.

**Vindhya Basini Temple:** This is a popular Hindu temple located in the center of Pokhara, dedicated to the goddess Durga. It is a **peaceful place** to visit and offers views of the surrounding mountains.

**International Mountain Museum:** This museum is dedicated to the history and culture of mountain climbing in Nepal and is located near the Pokhara Airport. It is a great place to **learn about the history of mountaineering** in the region and see displays of climbing equipment and other artifacts.

There are many other things to do and see in Pokhara, including **visiting the local markets**, taking a **paragliding or ultralight flight**, or visiting the **Gurkha Memorial Museum**. It's a great place to relax and explore after completing the Mohare Danda Trek.

## **Day 10: Drive to Kathmandu from Pokhara by Tourist Bus**

Today, you will **return to Kathmandu from Pokhara by Tourist Bus**. You will take a **private vehicle** to reach the Tourist Bus station from your stayed hotel. Upon your arrival at the bus station, you will switch to the Tourist Bus to get back to Kathmandu. The bus journey will take **approximately 5-6 hours**.

**If you want to avoid the traffic**, you can **take a flight from Pokhara to Kathmandu**, which only takes  $\frac{1}{2}$  an hour.

**Overnight in Kathmandu.**

## **Day 11: Departure**

Today, **Adventure Club officials** will **pick you up from the hotel** and **drop you off at the airport** for your departure. It's time to say **bye-bye** and **hope to see you again soon**.

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