



## **Manaslu Larkhya La Pass Trek Itinerary**

### **Day 1: Arrival in Kathmandu**

You will be a warm greeting at the airport by our office staff, and then you will relocate to the Hotel. The team will give a brief clarification about the program. Attend welcome dinner with the cultural program in the evening stay overnight at Hotel.

### **Day 2: Sightseeing and Trek Preparation**

Early in the morning after breakfast, we will move towards the white gompas, a Buddhist monastery in Nepal. It is situated in the NagArjun municipality of Kathmandu district; then, after lunch, we will be visiting Swayambhunath Stupa, where swayambhu means self-created. The name comes from an outside self-existent glow over which Stupa was afterward built. Then we moved to historical place Kathmandu Durbar Square where we observe the living god Kumari. This durbar is known as the Hanuman Dhoka Durbar Square. Back to Hotel for overnight based on bed and dinner.

### **Day 3: Kathmandu- Soti Khola**

After breakfast, we will drive around 6 hours to reach Arughat via the Prithvi Highway. Earlier reaching Maleku, we turn north to Dhading Besi. Then we move toward Soti Khola via Arughat Bazar, which takes about 1 hour. Stay overnight in lodge.

### **Day 4: Soti Khola – Maccha Khola**

Early in the morning, after having light breakfast, we will start our Trek toward Soti Khola through different tiny villages and woods to Laphubesi. After crossing the valley, we will drop to the bank along Budhi Gandaki River. We can observe many mesmerizing views of Ganesh Himal before reaching Maccha Khola. Stay overnight in a hotel.

### **Day 5: Maccha Khola – Jagat**

After breakfast, we leave Trek toward Tatopani through a tiny village called Khorlabesi. After crossing an awe woodland and a beautiful village called Dobhan, we will reach to Jagat.

### **Day 6: Jagat – Deng**

After having a warm breakfast, our trail begins with a mesmerizing view of Mt. Singri after crossing a rough edge. We cross the bank of river Budhi Gandaki sideway, a valley Philim Village. Finally, after crossing a village called Chisapani, Yekle Bhatti, through Pine forest, we reach Dang Village. Stay overnight in Dang.

### **Day 7: Deng – Namrung**

Early in the morning, we leave for Namrung. On the route, we follow the Buddi Gandaki River. We will passing through many bridges, waterfalls, forest. Leaving behind beautiful village Rana, Bihi, and Gaap, we finally arrived at our destination, Namrung village. Namrung is also checkpoint, so you have to carry your permits with you. You can see stunning views of shirring Himal and Ganesh Himal from this village .s stay overnight at Namrung.

### **Day 8: Namrung – Samagaon**

Early in the morning, we ascend to the village of the and passes through sho and how. We will moving steadily at the same pace. We visit Chorten and Gumpas to reach Sama Gaon, which offers us mesmerizing views of Manaslu, Larke, Naike peaks. Stay overnight at Sama Gaon.

### **Day 9: Sama Gaon – Pungyen Gompa – Samagaon**

Today is the 9th day of our trek we explore Sama Gaon today. We acclimatize through yak pastures and grasslands to reach Pung Gyan Gompa. It is one of the most beautiful Buddhist monasteries in the lap of the Himalayan you can spend some breathtaking movement in this place with the beautiful view of Manaslu. The stone gate and stone wall of this Gompa make it more perfect after spending some time there we Hike back to Sama Gaon. Stay overnight at Hotel.

### **Day 10: Samagaon – Samdo**

After having breakfast, we leave Samagaon and move toward Samdo along the side of Budhi Gandaki, which leads us to Manaslu base camp. After a specific time, we reach a village called Kermo Kharka by crossing several Mani Walls and Birchi and Juniper's woodland. After hiking around 30 mints, we reach our destination Samdo village. Samdo village provides us many mesmerizing views and also having lunch we can hike toward the northeast of Samdo. After spending sometimes there, we trek back to Samdo. Stay overnight in Hotel.

### **Day 11: Samdo – Dharamsala/Larkhya**

Early in the morning, the track ascends later to the Larkya Glacier. Subsequently, after climbing around 3 hours of uphill, we pass glaciers with brilliant scenes. After reaching Dharamsala, we can stare out many stunning views of villages like Larkya, Phedi, and also can visit Mani Walls, shops Stay overnight in Hotel.

### **Day 12: Dharamsala – Larkhya**

Early in the morning, our track descends through the most challenging trails of Manaslu Circuit, then we take to ascend to Larkya Glacier. Even though the trekking is a little bit tough but we can enjoy the incredible views of Larkhya Peak and Cho Danda. Then we cross the Larkya Glacial figure's rubbles and then climb the highest section of Larkya La pass (5106m). After reaching the top, you be rewarded by the several heartfelt views of Himlung(7126 meters), Annapurna II (7937 meters), Kang Guru (6981 meters), and many others peaks having elevation above 6000 meters. We descend to Village Bimthang. Stay overnight in Hotel.

### **Day 13: Bimthang – Dharapani**

After having breakfast, our trail descends and ascends of a glacier and reaches to the lower valley through a forest. The trail inclines to Sangure Kharka then we walk from this meadowland to cross a bridge over the Dudh Koshi. Furthermore, we pass through rhododendron woodland tinny gorge to the highest cultivated land valley of Karche. After a few steps, we reach a village Dharapani where our day ends. Stay overnight.

## **Day 14: Dharapani – Syange**

After breakfast, we descend from Dharapani to Syange. We trek toward the Annapurna Circuit; then, we cross a suspension bridge of Marsyangdi river to a village called karte. On the way, we can see the striking views of Lamjung Himal, Annapurna-II, and Annapurna IV on the way to village Chamje the village of tea houses and full of tourists. The trail descends gradually to a small village, Syange. Stay overnight.

## **Day 15: Syange – Kathmandu**

Today we leave Syange to Besishara, which takes about 2 hours, then again leave for Kathmandu takes around 06 hours. In the dusk, after reaching Kathmandu we enjoy a farewell dinner. Stay overnight at Hotel in Kathmandu.

URL: <https://www.adventureclub.com.np>