



## **Mardi Himal Trek Itinerary**

### **Day 1: Arrival in Kathmandu and Transfer to Hotel**

You will arrive in Nepal and be picked up at the airport by our official team. From there, we will take you to the hotel in Kathmandu. Upon arrival at the hotel, you will be given a brief orientation about the city and your accommodation. You will have the rest of the day to relax and explore the surrounding area. In the evening, we will meet for dinner at a local restaurant to discuss the upcoming itinerary and answer any questions you may have.

### **Day 2: Sightseeing in Kathmandu Valley**

Today, we will take you on a full-day sightseeing tour of the Kathmandu Valley. You will be accompanied by a private vehicle and an English-speaking guide. The first stop on the tour will be the Swayambhunath Stupa, a sacred Buddhist site located on a hill overlooking the city. Here, you will have the opportunity to learn about the history and significance of the stupa as you walk around the complex.

Next, we will visit Patan Durbar square, a UNESCO World Heritage Site that is home to a number of ancient temples and palaces. You will have the chance to explore the square and visit some of the most famous temples, including the Krishna Mandir and the Golden Temple.

After lunch, we will continue the tour with a visit to the Pashupatinath Temple, a Hindu shrine that is considered one of the holiest places in Nepal. Here, you will witness the traditional Hindu cremation ceremony and learn about the rituals and customs of the Hindu faith.

Finally, we will visit the Baudhanath Stupa, a massive Buddhist stupa that is one of the largest in the world. You will have the opportunity to walk around the complex, visit the monasteries, and learn about the history and significance of the stupa.

At the end of the day, we will return to your hotel in Kathmandu. You will have the evening to rest and relax before the next day's activities.

The places that you will visit are as follows;

Swayambhunath Stupa

Patan Durbar Square

Pashupatinath Temple

Boudhanath Stupa

### **Day 3: Drive to Pokhara (830m) from Kathmandu by Tourist Bus (Flight Optional) (approx. 6-7 hours)**

On Day 3, we will depart from Kathmandu and make the journey to Pokhara, a popular tourist destination located about 200 kilometers west of the capital. There are two options for this journey: a tourist bus or a flight. The bus journey takes approximately 6-7 hours and offers stunning views of the countryside and the Himalayas. Alternatively, you can choose to take a flight from Kathmandu to Pokhara, which takes around 25 minutes.

Upon arrival in Pokhara, we will transfer you to your hotel and give you some time to rest and settle in. Overnight stay in Lakeside Pokhara.

### **Day 4: Drive from Pokhara to Kande (1770m- (starting point of the trek) and start the trek to Deurali (2125m)**

We will begin our trek in the Annapurna region. We will start by driving from Pokhara to Kande, which is the starting point of the trek. The drive takes about an hour and offers stunning views of the mountains and the surrounding countryside.

Upon arrival in Kande, we will gear up and begin the trek to Deurali. The trek to Deurali is a moderate hike that takes about 4-5 hours to complete. The trail follows a well-marked path through lush forests and small villages, offering breathtaking views of the Annapurna range along the way.

Upon arrival in Deurali, we will check into a guesthouse. You will have the rest of the evening to rest and prepare for the next day's hike. Overnight stay in Deurali.

### **Day 5: Trek from Deurali to Low Camp (3150m)**

On Day 5 of the itinerary, we will continue our trek from Deurali to Low Camp. This is a more challenging hike that takes about 6-7 hours to complete. The trail follows a steep and rocky path through dense forests and over several ridges, offering stunning views of the Annapurna range and the surrounding valleys.

Along the way, we will take breaks to rest and enjoy the scenery. We will also stop for lunch at one of the local teahouses. Upon arrival at Low Camp, we will check into a guesthouse. You will have the rest of the evening to rest and prepare for the next day's hike. Overnight at Low Camp.

### **Day 6: Trek from Low Camp to High Camp (3700m)**

Today, we will continue our trek from Low strenuous hike is a strenuous hike that takes about 7-8 hours to complete. The trail follows a steep and rocky path through dense forests and over several ridges, offering stunning views of the Annapurna range and we will take breaks to rest and enjoy the scenery along the way and enjoy the scenery.

We will also stop for lunch at one of the local teahouses in Badal Danda. Upon arrival at High Camp, we will check into a guesthouse. You will have the rest of the evening to rest and prepare for the final ascent to the summit the next day. Overnight at High Camp.

### **Day 7: Trek to View Point (4100m) (Mardi Base Camp-4500m is optional) and back to Low Camp (3150m)**

On Day 7 of the itinerary, we will make the final ascent to the summit of Mardi Himal. We will start by trekking to View Point, which is located at an altitude of 4100 meters. From here, we will have stunning views of the Annapurna range such as Fishtails (6997m), Annapurna South (7219m), Mardi Himal (5587m), Lamjung Himal, and the surrounding valleys.

After taking in the views, we will have the option to continue on to Mardi Base Camp, which is located at an altitude of 4500 strenuous hideous hike that takes about 3-4 hours to complete.

After reaching the base camp or viewpoint, we will begin our descent back to Low Camp. The descent takes about 6-7 hours to complete and follows the same route we took on the way up. Upon arrival at Low Camp, we will check into a guesthouse. You will have the rest of the evening to rest and relax.

### **Day 8: Trek from Low Camp to Lumre (1800m) and Drive back to Pokhara**

On Day 8 of the itinerary, we will begin our descent from Low Camp to Lumre. The trek to Lumre takes about 6-7 hours to complete and follows a steep and rocky path through dense forests and a small village. We will take breaks to rest and enjoy the scenery along the way the scenery. We will also stop for lunch at one of the local teahouses.

Upon arrival in Lumre, we will meet our transportation and begin the drive back to Pokhara. The drive takes about 3-4 hours and offers stunning views of the mountains and the surrounding countryside. Upon arrival in Pokhara, we will transfer you to your hotel and give you some time to rest and settle in. Overnight in Pokhara.

### **Day 9: Sightseeing in Pokhara**

On this day, we will take you on a sightseeing tour of Pokhara. The first stop on the tour will be Phewa Lake, a beautiful lake located in the center of the city. Here, you will have the opportunity to take a boat ride and enjoy the stunning views of the surrounding mountains.

Next, we will visit David Falls, a stunning waterfall located about a 30-minute drive from the city center. The falls are a popular spot for picnics and photography and offer a refreshing break from the heat.

After lunch, we will visit the Mahendra Cave, a series of limestone caves located on the outskirts of the city. The caves are home to a number of stalactites and stalagmites and offer a unique and interesting experience

for visitors.

At the end of the day, we will return to your hotel in Pokhara. You will have the rest of the evening to rest or spend by yourself.

### **Day 10: Drive back to Kathmandu from Pokhara by Tourist Bus (Flight and Private Vehicle is optional)**

On this day, we will make the journey back to Kathmandu from Pokhara. There are three options for this journey: a tourist bus, a flight, or a private vehicle. The bus journey takes about 6-7 hours and offers stunning views of the countryside and the Himalayas. Alternatively, you can choose to take a flight from Pokhara to Kathmandu, which takes around 25 minutes. Finally, you can choose to hire a private vehicle, which offers a more personalized and comfortable experience.

Upon arrival in Kathmandu, we will transfer you to your hotel and give you some time to rest and settle in. You will have the rest of the day to explore the city and visit some of the local attractions.

### **Day 11: Departure at Airport for your flight**

On the final day of your holiday with us, you will be transferred to the airport for your departure flight. Our team will assist you with any last-minute arrangements and ensure that you have a smooth and stress-free departure. We hope that you have had a wonderful time in Nepal and that you will consider returning in the future. Safe travels!

URL: <https://www.adventureclub.com.np>